Tuesday, April 1, 2025

Regular Council Meeting

Date and Time: Tuesday, April 1 9:00 am - 4:30 pm

Address: Municipal Council Chambers 315 George Street, Wiarton N0H2T0

Gentle Fit -Wiarton

Date and Time: Tuesday, April 1 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 4 to April 29)

- March 4, 11, 18, 25
- April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile-Limpert Lodge

Date and Time: Tuesday, April 1 9:50 am - 10:30 am

Address: 621 Mary St., Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit - Sauble

Date and Time: Tuesday, April 1 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 4 to April 29)

• March 4, 11, 18, 25

• April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile-Oliphant Dog Park

Date and Time: Tuesday, April 1 11:20 am - 12:00 pm

Address: 1579 Sauble Falls Pkwy, Oliphant

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

BCPL: Bookmobile- Allenford Community Centre

Date and Time: Tuesday, April 1 1:15 pm - 1:55 pm

Address: 10 Alice St, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Karate - Session 3

Date and Time: Tuesday, April 1 6:30 pm

Address: 115 George Street, Wiarton, ON N0H 2T0

Karate with Grey-Bruce Ryusei Karate Do

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics.

Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. For assi stance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$119

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$126+HST

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$140+HST

Wednesday, April 2, 2025

Free Indoor Walking

Date and Time: Wednesday, April 2 9:00 am - 10:00 am

Address: 30 Community Centre Drive, Sauble Beach, ON N0H2G0

Free indoor walking on Wednesday mornings at the Sauble Beach Community Centre

Wednesdays from 9am to 10am from October 16 to May 14

Walk the auditorium and keep moving through the cold and blustery days in our indoor space.

Drop-in, no registration required. Remember your indoor shoes!

Wiarton BIA Board of Management Meeting

Date and Time: Wednesday, April 2 6:00 pm - 8:00 pm

Address: Municipal Council Chambers, 315 George Street Wiarton ON N0H 2T0

Meeting of the Wiarton BIA Board of Management

Thursday, April 3, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, April 3 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 6 to April 24)

- March 6, 13, 20, 27
- April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Gateway Haven

Date and Time: Thursday, April 3 9:50 am - 11:30 am

Address: 671 Frank St, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil

e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Thursday, April 3 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 6 to April 24)

• March 6, 13, 20, 27

• April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Friday, April 4, 2025

Chair Yoga

Date and Time: Friday, April 4 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

Fridays at 9:30 am Wiarton Arena 526 Taylor Street, Wiarton

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

• March 7, 14, 21, 28

• April 4, 11, 25 (no class on April 18 -Easter)

Winter Session (March/April) Pass \$91, 7 classes: Register Online

Single Class \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Saturday, April 5, 2025

Wiarton Seedy Saturday

Date and Time: Saturday, April 5 10:00 am - 2:00 pm

Address: 526 Taylor St, Wiarton, ON

We are back for our Annual Wiarton Seedy Saturday, the Peninsula's biggest seed exchange event!

April 5th, 2025 from 10am - 2pm

Seedy Saturday events (<u>www.seeds.ca</u>) encourage the use of open-pollinated and heritage seeds, enabling a local seed exchange, and educating the public about seed-saving and environmentally responsible gardening practices.

Expect a fun event where you can swap seeds, exchange stories, pick up useful resources, meet vendors, buy see ds, and find other supplies.

Whether you are a first-timer or master gardener, seed enthusiast or expert seed saver, there really is something for everyone! Kids included.

Wiarton Willie will also make an appearance to help celebrate Spring!

This event is free with entry by donation held at the Wiarton Arena and Community Centre on April 5th, 2025 f rom 10am - 2pm.

Tea, coffee, and muffins will be available.

For more information, contact wiartonseedysaturday@gmail.com

Seedy Saturday

Date and Time: Saturday, April 5 10:00 am - 2:00 pm

Address: Wiarton Arena 526 St. Wiarton

The Wiarton & District Agriculture Society Seedy Saturday

Seed and Resource Exchange

Come meet seed savers, growers, gardenders and other nature lovers.

Monday, April 7, 2025

Chair Yoga -March/April Session

Date and Time: Monday, April 7 9:30 am - 10:15 am

Address: 30 Community Centre Drive, Sauble Beach

Chair Yoga -March/April Session

Mondays 9:30am to 10:15am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

• March 3, 10, 17, 24, 31

• April 7, 14, 28 (no class on April 21 -Easter)

Pre-registration required.

March/April session pass: \$104, 8 classes Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Tuesday, April 8, 2025

Gentle Fit -Wiarton

Date and Time: Tuesday, April 8 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 4 to April 29)

• March 4, 11, 18, 25

• April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit - Sauble

Date and Time: Tuesday, April 8 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 4 to April 29)

• March 4, 11, 18, 25

• April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Karate - Session 3

Date and Time: Tuesday, April 8 6:30 pm

Address: 115 George Street, Wiarton, ON N0H 2T0

Karate with Grey-Bruce Ryusei Karate Do

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics.

Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. For assi stance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$119

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$126+HST

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$140+HST

Wednesday, April 9, 2025

Free Indoor Walking

Date and Time: Wednesday, April 9 9:00 am - 10:00 am

Address: 30 Community Centre Drive, Sauble Beach, ON N0H2G0

Free indoor walking on Wednesday mornings at the Sauble Beach Community Centre

Wednesdays from 9am to 10am from October 16 to May 14

Walk the auditorium and keep moving through the cold and blustery days in our indoor space.

Drop-in, no registration required. Remember your indoor shoes!

Thursday, April 10, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, April 10 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 6 to April 24)

- March 6, 13, 20, 27
- April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Thursday, April 10 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

March/April Session (March 6 to April 24)

- March 6, 13, 20, 27
- April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Friday, April 11, 2025

Chair Yoga

Date and Time: Friday, April 11 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

Fridays at 9:30 am Wiarton Arena 526 Taylor Street, Wiarton

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

• March 7, 14, 21, 28

• April 4, 11, 25 (no class on April 18 -Easter)

Winter Session (March/April) Pass \$91, 7 classes: Register Online

Single Class \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Saturday, April 12, 2025

Sailor's Farewell

Date and Time: Saturday, April 12 4:00 pm - 11:55 pm

Address: Propeller Club, Wiarton 575 Edward St.

4pm Reception

5pm Ham, Scalloped Potatos and All-the-fixins

8pm Dance featuring Pick Up Game

Tickets available at Josie's Fashions, Lloyd's Smoke Shop and Bayshore Feeds in Owen Sound

Tickets are \$40 or \$25 only for the dance

Monday, April 14, 2025

Chair Yoga -March/April Session

Date and Time: Monday, April 14 9:30 am - 10:15 am

Address: 30 Community Centre Drive, Sauble Beach

Chair Yoga -March/April Session

Mondays 9:30am to 10:15am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

• March 3, 10, 17, 24, 31

• April 7, 14, 28 (no class on April 21 -Easter)

Pre-registration required.

March/April session pass: \$104, 8 classes Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Tuesday, April 15, 2025

Regular Council Meeting

Date and Time: Tuesday, April 15 9:00 am - 4:30 pm

Address: Municipal Council Chambers 315 George Street, Wiarton N0H2T0

Gentle Fit -Wiarton

Date and Time: Tuesday, April 15 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton March/April Session (March 4 to April 29)

- March 4, 11, 18, 25
- April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Limpert Lodge

Date and Time: Tuesday, April 15 9:50 am - 10:30 am

Address: 621 Mary St., Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit - Sauble

Date and Time: Tuesday, April 15 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 4 to April 29)

- March 4, 11, 18, 25
- April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Oliphant Dog Park

Date and Time: Tuesday, April 15 11:20 am - 12:00 pm

Address: 1579 Sauble Falls Pkwy, Oliphant

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

BCPL: Bookmobile- Allenford Community Centre

Date and Time: Tuesday, April 15 1:15 pm - 1:55 pm

Address: 10 Alice St, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Karate - Session 3

Date and Time: Tuesday, April 15 6:30 pm

Address: 115 George Street, Wiarton, ON N0H 2T0

Karate with Grey-Bruce Ryusei Karate Do

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics.

Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. For assi stance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$119

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$126+HST

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Wednesday, April 16, 2025

Free Indoor Walking

Date and Time: Wednesday, April 16 9:00 am - 10:00 am

Address: 30 Community Centre Drive, Sauble Beach, ON N0H2G0

Free indoor walking on Wednesday mornings at the Sauble Beach Community Centre

Wednesdays from 9am to 10am from October 16 to May 14

Walk the auditorium and keep moving through the cold and blustery days in our indoor space.

Drop-in, no registration required. Remember your indoor shoes!

Thursday, April 17, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, April 17 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 6 to April 24)

- March 6, 13, 20, 27
- April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

BCPL: Bookmobile- Gateway Haven

Date and Time: Thursday, April 17 9:50 am - 11:30 am

Address: 671 Frank St, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Thursday, April 17 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 6 to April 24)

- March 6, 13, 20, 27
- April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Peninsula Shores Camera Club

Date and Time: Thursday, April 17 7:00 pm - 9:00 pm

Address: 115 George St., Wiarton

Saturday, April 19, 2025

Purple Valley Maple Syrup Festival

Date and Time: Saturday, April 19 9:00 am - 2:00 pm

Address: 565 Purple Valley Rd. S.

Easter Sat April 19 from 9am to 2pm

Free bus from the new Town Hall location (former grocery store) 370 William St.

Everyone Welcome! Lots of Family Fun.

Tuesday, April 22, 2025

Gentle Fit -Wiarton

Date and Time: Tuesday, April 22 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 4 to April 29)

- March 4, 11, 18, 25
- April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit - Sauble

Date and Time: Tuesday, April 22 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 4 to April 29)

• March 4, 11, 18, 25

• April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Karate - Session 3

Date and Time: Tuesday, April 22 6:30 pm

Address: 115 George Street, Wiarton, ON N0H 2T0

Karate with Grey-Bruce Ryusei Karate Do

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics.

Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. For assi stance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$119

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$126+HST

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 3: <u>March 18 - June 17, 2025</u> (14 weeks) \$140+HST

Wednesday, April 23, 2025

Free Indoor Walking

Date and Time: Wednesday, April 23 9:00 am - 10:00 am

Address: 30 Community Centre Drive, Sauble Beach, ON N0H2G0

Free indoor walking on Wednesday mornings at the Sauble Beach Community Centre

Wednesdays from 9am to 10am from October 16 to May 14

Walk the auditorium and keep moving through the cold and blustery days in our indoor space.

Drop-in, no registration required. Remember your indoor shoes!

Thursday, April 24, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, April 24 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 6 to April 24)

• March 6, 13, 20, 27

• April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Thursday, April 24 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Thursdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (7 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair options offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

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- March 6, 13, 20, 27
- April 3, 10, 17, 24

Pre-registration required

Jan/Feb Thursday Session Pass \$104 (8 classes) Register Online

Single Class Pass \$15 per class Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Big Brothers Big Sisters of Grey Bruce and Western Simcoe Announces 45th Annual Bowl for Kids' Sake Fundraiser

Date and Time: Thursday, April 24 6:30 pm - 8:00 pm

Address: Georgian Bowl - 832 Hurontario St, Collingwood Owen Sound Bowling Alley - 902 10th St W, Owen Sound

[Owen Sound] – Big Brothers Big Sisters of Grey Bruce and Western Simcoe (BBBSGBWS) is thrilled to announce its 45th annual Bowl for Kids' Sake fundraiser, set to take place from April 24th to 26th, 2025 in Owen Sound and on May 2nd, 2025 in Collingwood. This exciting event is a cornerstone of

the organization's efforts to support its no-cost, life-changing mentorship programs for local youth.

The event will be hosted at The Bowling Alley in Owen Sound (April 24-26) and Georgian Bowl in Collingwood (May 2), where participants will come t ogether for a weekend of friendly competition, community connection, and a shared commitment to inspiring young lives.

"Forty-five years marks more than just an annual fundraiser – Bowl for Kids' Sake is a legacy of this community's commitment to supporting y oung people. The event's history and impact can be traced back to our early years and to this day, the event exists as a vital fundraiser for our organization and its growing impact" (Beth Aubrey, Executive Director).

This year's event will once again be made possible by the generous support of Bruce Power, Century 21, and the Bowling Alley. Those contributions help ensure that every dollar raised goes directly to our mentorship programs, reaching children, youth and families across the three counties served.

Event Details:

The Bowling Alley, Owen Sound

April 24: 6:30 PM - 8:00 PM

April 25: 6:30 PM - 8:00 PM

April 26: 10:00 AM - 11:30 AM

Georgian Bowl, Collingwood

May 2: 5:00 PM - 6:30 PM & 6:45 PM - 8:15 PM & 8:30 PM- 10:00 PM

Event Highlights:

Peer-to-Peer Fundraising: Rally your friends, family, and colleagues to raise funds for BBBSGBWS's mentorship programs, making a direct im pact on local youth and families.

Bowling Tournament: Celebrate your fundraising efforts in a friendly bowling competition with exciting prizes for the top individual fundraisers, h ighest scorers, and the top fundraising team.

Silent Auction: Don't miss the chance to win incredible prizes in our silent auction, launching on April 1st, 2025.

Community Connections: Meet like-minded community members who are passionate about supporting youth and helping young people thrive.

Gratitude to Our Sponsors

A special thank you goes to Bruce Power, Century 21 Millennium Inc., Brokerage, and The Bowling Alley for their unwavering support in making this im pactful event possible.

How to Participate

Sign up and get more event details online at https://greybruce.bigbrothersbigsisters.ca/2025-bowl-for-kids-sake/. Your involvement will help us build stron ger communities and create brighter futures for young people in Grey Bruce and Western Simcoe.

About Big Brothers Big Sisters of Grey Bruce and Western Simcoe

For over 60 years, Big Brothers Big Sisters of Grey Bruce and Western Simcoe (BBBSGBWS) has been a leading force in youth development in our regi on. As one of the original 10 chartered agencies in Canada, BBBSGBWS provides no-cost, one-to-one and group mentoring programs to help young pe ople unlock their full potential and thrive in their communities.

Shape

For media inquiries or more information, please contact:

Emma Fryday, Mentorship and Community Engagement Lead

Email: emma.fryday@bigbrothersbigsisters.ca

Phone: 519-376-4449

Friday, April 25, 2025

Chair Yoga

Date and Time: Friday, April 25 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

Fridays at 9:30 am Wiarton Arena 526 Taylor Street, Wiarton

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

• March 7, 14, 21, 28

• April 4, 11, 25 (no class on April 18 -Easter)

Winter Session (March/April) Pass \$91, 7 classes: Register Online

Single Class \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Monday, April 28, 2025

Chair Yoga -March/April Session

Date and Time: Monday, April 28 9:30 am - 10:15 am

Address: 30 Community Centre Drive, Sauble Beach

Chair Yoga -March/April Session

Mondays 9:30am to 10:15am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

• March 3, 10, 17, 24, 31

• April 7, 14, 28 (no class on April 21 -Easter)

Pre-registration required.

March/April session pass: \$104, 8 classes Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Tuesday, April 29, 2025

Gentle Fit -Wiarton

Date and Time: Tuesday, April 29 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Wiarton (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

March/April Session (March 4 to April 29)

• March 4, 11, 18, 25

• April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Limpert Lodge

Date and Time: Tuesday, April 29 9:50 am - 10:30 am

Address: 621 Mary St., Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit - Sauble

Date and Time: Tuesday, April 29 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble (Tuesdays)

Keep moving this winter, join instructor Barb Abell for Gentle Fit class!

Commit to the session (9 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

March/April Session (March 4 to April 29)

• March 4, 11, 18, 25

• April 1, 8, 15, 22, 29

Pre-registration required

March/April Tuesday Session Pass \$117 (9 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Oliphant Dog Park

Date and Time: Tuesday, April 29 11:20 am - 12:00 pm

Address: 1579 Sauble Falls Pkwy, Oliphant

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

BCPL: Bookmobile- Allenford Community Centre

Date and Time: Tuesday, April 29 1:15 pm - 1:55 pm

Address: 10 Alice St, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Karate - Session 3

Date and Time: Tuesday, April 29 6:30 pm

Address: 115 George Street, Wiarton, ON N0H 2T0

Karate with Grey-Bruce Ryusei Karate Do

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics.

Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. For assi stance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$119

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$126+HST

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 3: March 18 - June 17, 2025 (14 weeks) \$140+HST

Wednesday, April 30, 2025

Free Indoor Walking

Date and Time: Wednesday, April 30 9:00 am - 10:00 am

Address: 30 Community Centre Drive, Sauble Beach, ON N0H2G0

Free indoor walking on Wednesday mornings at the Sauble Beach Community Centre

Wednesdays from 9am to 10am from October 16 to May 14

Walk the auditorium and keep moving through the cold and blustery days in our indoor space.

Drop-in, no registration required. Remember your indoor shoes!

https://calendar.southbrucepeninsula.com