Wednesday, October 1, 2025

Jamboree

Date and Time: Wednesday, October 1 2:00 pm

Address: 330 Boyd Street Wiarton

Every Wednesday afternoon a group of musicians gather at the Wiarton Legion to make music for your entertainment. Join us from 2 to 5 pm, for some dancing and comradeship while supporting Branch 208.

Wiarton BIA Board of Management Meeting - Meeting Cancelled

Date and Time: Wednesday, October 1 6:00 pm - 8:00 pm

Address: Municipal Council Chambers, 315 George Street Wiarton ON N0H 2T0

Wiarton BIA Board of Management Meeting - This meeting is cancelled.

Recreational Volleyball

Date and Time: Wednesday, October 1 7:00 pm - 9:15 pm

Address: 115 George St, Wiarton ON N0H 2T0

Recreational Volleyball

Join us for an fun evening of volleyball with fellow community members! There is plenty of friendly competiti on and the encouraging environment invites the opportunity to improve volleyball skills through fun play.

New players are welcome to sign up at any time throughout the season. When you are just starting out, we'll do our best to place you with the same teammates until you get comfortable and familiar with everyone.

Teams are divided fairly 1-2 times per evening, with every team playing each other once.

- Sign up anytime throughout the season -no weekly commitment required.
- Participants under 16 must be accompanied by a parent or guardian.

Come out, have fun, and grow your love for volleyball with the community!

Wednesday evenings 7pm to 9:15pm

Peninsula Shores District School 115 George St, Wiarton

Starts September 17th

• September 17, 24

- October 1, 8, 15, 22, 29
- November 5, 12, 19, 26
- December 3, 10, 17 (no December 24, 31)
- January 7, 14, 21, 28
- February 4, 11, 18, 25
- March 4, 11, 25 (no March 18)
- April 1, 8, 15, 22, 29
- May 6, 13, 20, 27
- June 3, 10, 17

*please note: this program is cancelled if the school is closed due to weather.

Cost: \$35 per player

Pre-registration is required Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Thursday, October 2, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, October 2 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit Wiarton -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am

Wiarton Arena

526 Taylor St, Wiarton

September/October Session (September 11 to October 30)

- September 11, 18, 25 (September 18th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Gateway Haven

Date and Time: Thursday, October 2 9:50 am - 11:30 am

Address: 671 Frank St, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Thursday, October 2 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit Sauble -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 11 to October 30)

- September 11, 18, 25
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Bootcamp -Wiarton

Date and Time: Thursday, October 2 7:00 pm - 8:00 pm

Address: 526 Taylor Street, Wiarton, ON

Bootcamp -Wiarton

Join Barb Abell, certified personal trainer and nutrition coach, for this fun action packed bootcamp class. Cardi

o-Core-Weights & more!

This class is a total body workout geared towards a challenge, filled with results week after week. There will be no muscle left behind!

This class is open to all fitness levels with modifications encouraged for the beginners.

Barb is a certified personal trainer and nutrition coach.

Instructor: Barb Abell

5 Week Session-September 11 to October 9, 2025

Thursdays 7pm -8pm

- September 11, 18, 25
- October 2, 9

Wiarton Arena 526 Taylor Street, Wiarton

5 week session pass (July 24 to August 21): \$65 Register Online

Single class: \$15 Register Online

Pre-registration required

For more information or assistance please email or call 519-534-1400 ext 132

Friday, October 3, 2025

Chair Yoga

Date and Time: Friday, October 3 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

September/October Session

Fridays 9:30am to 10:15am

Wiarton Arena

526 Taylor Street, Wiarton

- September 5, 12, 26 (no class September 19)
- October 3, 10, 17, 24, 31

September/October Session Pass, 8 classes: \$104 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Monday, October 6, 2025

Gentle Yoga

Date and Time: Monday, October 6 9:30 am - 10:15 am

Address: 30 Community Centre Drive, Sauble Beach

Gentle Yoga

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work, & practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

September/October Session

Mondays 9:30am to 10:15am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

- September 8, 15, 22, 29
- October 6, 20, 27 (no class October 13)

September/October Session Pass, 7 classes: \$91 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Pickleball (Drop in)

Date and Time: Monday, October 6 7:00 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Drop In Pickleball at the Peninsula Shores District School

Monday evenings from 7pm to 9pm (September 22-June 15)

Please note: pickleball is cancelled on the following dates: -October 13, December 22, 29, February 16, March 16, April 6, May 18

Peninsula Shores District School 115 George Street, Wiarton

\$3 drop in fee

4 courts available, pickleballs supplied. Bring your own pickleball paddle and clean indoor shoes.

For more information please email or call 519-534-1400 ext 132

Tuesday, October 7, 2025

Regular Council Meeting

Date and Time: Tuesday, October 7 9:00 am - 4:30 pm

Address: Municipal Council Chambers 315 George Street, Wiarton N0H2T0

Gentle Fit -Wiarton

Date and Time: Tuesday, October 7 9:30 am - 10:00 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Tuesdays September/October Session

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30 (Sept 16th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Tuesday, October 7 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble Beach September/October Session -Tuesdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Karate - Session 1

Date and Time: Tuesday, October 7 6:30 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Karate -Session 1

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics from experienced instructor s. Open to all ages 6+

Location: Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. Sign up for a single session or new for 2025 -sign up for all 3 sessions and save.

For assistance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 1: September 16 to December 16, 2025 (14 weeks)

Session 2: January 6 to March 10, 2025 (10 weeks)

Session 3: March 24 to June 9, 2025 (12 weeks)

Wednesday, October 8, 2025

Jamboree

Date and Time: Wednesday, October 8 2:00 pm

Address: 330 Boyd Street Wiarton

Every Wednesday afternoon a group of musicians gather at the Wiarton Legion to make music for your entertainment. Join us from 2 to 5 pm, for some dancing and comradeship while supporting Branch 208.

Recreational Volleyball

Date and Time: Wednesday, October 8 7:00 pm - 9:15 pm

Address: 115 George St, Wiarton ON N0H 2T0

Recreational Volleyball

Join us for an fun evening of volleyball with fellow community members! There is plenty of friendly competiti on and the encouraging environment invites the opportunity to improve volleyball skills through fun play.

New players are welcome to sign up at any time throughout the season. When you are just starting out, we'll do our best to place you with the same teammates until you get comfortable and familiar with everyone.

Teams are divided fairly 1-2 times per evening, with every team playing each other once.

- Sign up anytime throughout the season -no weekly commitment required.
- Participants under 16 must be accompanied by a parent or guardian.

Come out, have fun, and grow your love for volleyball with the community!

Wednesday evenings 7pm to 9:15pm

Peninsula Shores District School 115 George St, Wiarton

Starts September 17th

- September 17, 24
- October 1, 8, 15, 22, 29
- November 5, 12, 19, 26
- December 3, 10, 17 (no December 24, 31)
- January 7, 14, 21, 28
- February 4, 11, 18, 25
- March 4, 11, 25 (no March 18)
- April 1, 8, 15, 22, 29
- May 6, 13, 20, 27
- June 3, 10, 17

*please note: this program is cancelled if the school is closed due to weather.

Cost: \$35 per player

Pre-registration is required Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Thursday, October 9, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, October 9 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit Wiarton -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am

Wiarton Arena

526 Taylor St, Wiarton

September/October Session (September 11 to October 30)

- September 11, 18, 25 (September 18th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Thursday, October 9 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit Sauble -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity

to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

September/October Session (September 11 to October 30)

- September 11, 18, 25
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Printmaking Workshop: Fun with Stamps and Cardmaking

Date and Time: Thursday, October 9 6:30 pm - 8:30 pm

Address: 578 Brown Street, Wiarton ON

Printmaking Workshop: Fun with Stamps and Cardmaking

Get creative with printmaking this fall!

Join us for this hands-on workshop where you'll explore the art of printmaking to create 6 personalized handma de cards. Whether you are a seasoned crafter or a curious beginner, this workshop is all about fun and creativity.

All materials provided -just bring your imagination. You are welcome to bring an inspirational image or design.

Instructor: Michelle Minke

Fee: \$40 (HST included)

Thursday October 9th, 2025

6:30pm to 8:30pm

Ross Whicher Centre (Wiarton Library Building) 578 Brown Street, Wiarton

Pre-registration required: register online

For questions or assistance please email or call 519-534-1400 ext 132

Bootcamp -Wiarton

Date and Time: Thursday, October 9 7:00 pm - 8:00 pm

Address: 526 Taylor Street, Wiarton, ON

Bootcamp -Wiarton

Join Barb Abell, certified personal trainer and nutrition coach, for this fun action packed bootcamp class. Cardi o-Core-Weights & more!

This class is a total body workout geared towards a challenge, filled with results week after week. There will be no muscle left behind!

This class is open to all fitness levels with modifications encouraged for the beginners.

Barb is a certified personal trainer and nutrition coach.

Instructor: Barb Abell

5 Week Session-September 11 to October 9, 2025

Thursdays 7pm -8pm

• September 11, 18, 25

• October 2, 9

Wiarton Arena 526 Taylor Street, Wiarton

5 week session pass (July 24 to August 21): \$65 Register Online

Single class: \$15 Register Online

Pre-registration required

For more information or assistance please email or call 519-534-1400 ext 132

Friday, October 10, 2025

Chair Yoga

Date and Time: Friday, October 10 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

September/October Session

Fridays 9:30am to 10:15am

Wiarton Arena

526 Taylor Street, Wiarton

• September 5, 12, 26 (no class September 19)

• October 3, 10, 17, 24, 31

September/October Session Pass, 8 classes: \$104 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Tuesday, October 14, 2025

Gentle Fit -Wiarton

Date and Time: Tuesday, October 14 9:30 am - 10:00 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Tuesdays September/October Session

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30 (Sept 16th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Limpert Lodge

Date and Time: Tuesday, October 14 9:50 am - 10:30 am

Address: 621 Mary Street, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil

e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Tuesday, October 14 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble Beach September/October Session -Tuesdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 9 to October 28)

• September 9, 16, 23, 30

• October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Allenford Community Centre

Date and Time: Tuesday, October 14 1:15 pm - 1:55 pm

Address: 10 Alice St, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Karate - Session 1

Date and Time: Tuesday, October 14 6:30 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Karate -Session 1

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics from experienced instructor s. Open to all ages 6+

Location: Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. Sign up for a single session or new for 2025 -sign up for all 3 sessions and save.

For assistance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 1: September 16 to December 16, 2025 (14 weeks)

Session 2: January 6 to March 10, 2025 (10 weeks)

Session 3: March 24 to June 9, 2025 (12 weeks)

Wednesday, October 15, 2025

Jamboree

Date and Time: Wednesday, October 15 2:00 pm

Address: 330 Boyd Street Wiarton

Every Wednesday afternoon a group of musicians gather at the Wiarton Legion to make music for your entertainment. Join us from 2 to 5 pm, for some dancing and comradeship while supporting Branch 208.

Recreational Volleyball

Date and Time: Wednesday, October 15 7:00 pm - 9:15 pm

Address: 115 George St, Wiarton ON N0H 2T0

Recreational Volleyball

Join us for an fun evening of volleyball with fellow community members! There is plenty of friendly competiti on and the encouraging environment invites the opportunity to improve volleyball skills through fun play.

New players are welcome to sign up at any time throughout the season. When you are just starting out, we'll do our best to place you with the same teammates until you get comfortable and familiar with everyone.

Teams are divided fairly 1-2 times per evening, with every team playing each other once.

- Sign up anytime throughout the season -no weekly commitment required.
- Participants under 16 must be accompanied by a parent or guardian.

Come out, have fun, and grow your love for volleyball with the community!

Wednesday evenings 7pm to 9:15pm

Peninsula Shores District School 115 George St, Wiarton

Starts September 17th

- September 17, 24
- October 1, 8, 15, 22, 29
- November 5, 12, 19, 26
- December 3, 10, 17 (no December 24, 31)
- January 7, 14, 21, 28
- February 4, 11, 18, 25
- March 4, 11, 25 (no March 18)
- April 1, 8, 15, 22, 29
- May 6, 13, 20, 27
- June 3, 10, 17

*please note: this program is cancelled if the school is closed due to weather.

Cost: \$35 per player

Pre-registration is required Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Thursday, October 16, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, October 16 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit Wiarton -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am

Wiarton Arena

526 Taylor St, Wiarton

September/October Session (September 11 to October 30)

- September 11, 18, 25 (September 18th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Gateway Haven

Date and Time: Thursday, October 16 9:50 am - 11:30 am

Address: 671 Frank St, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Thursday, October 16 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit Sauble -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 11 to October 30)

- September 11, 18, 25
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Friday, October 17, 2025

Chair Yoga

Date and Time: Friday, October 17 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

September/October Session

Fridays 9:30am to 10:15am Wiarton Arena 526 Taylor Street, Wiarton

- September 5, 12, 26 (no class September 19)
- October 3, 10, 17, 24, 31

September/October Session Pass, 8 classes: \$104 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Saturday, October 18, 2025

Self Care Through Yoga and Massage

Date and Time: Saturday, October 18 9:30 am - 11:30 pm

Address: 30 Community Centre Drive, Sauble Beach

Self Care Through Yoga and Massage

This introductory hands-on workshop focuses on self care through the use of gentle yoga movements and self-massage techniques. Whether you are looking to unwind, maintain mobility, or to simply reconnect with your b ody, you will leave this workshop feeling refreshed and empowered.

During this workshop you will learn and explore how to release tension through simple movement and fascia re lease massage using simple tools (racquetballs and hands). You will be provided with a racquet ball and worksh eet to take home to continue your self-care journey!

No prior yoga experience needed. Please wear comfortable clothing you can move in.

Instructors:

Julie Bradley-Low, CYT Grant Bradley-Low, RMT

Saturday October 18, 2025 9:30am to 11:30am

Sauble Beach Community Centre 30 Community Centre, Sauble Beach

Cost: \$40

Spaces Limited! Pre-registration is required.

Please note: a minimum of 8 participants are needed for this workshop to run.

Register online or call 519-534-1400 ext 132 for questions or assistance.

Chili Cook Off - Fund the Furnace

Date and Time: Saturday, October 18 5:00 pm

Address: 225 Bruce Road 9



Sunday, October 19, 2025

Read Local

Date and Time: Sunday, October 19 2:00 pm - 4:00 pm

Address: 578 Brown St.

Bruce County Public Library's annual author showcase, Read Local, will take place at the Wiarton Branch on S

unday, October 19. This is a free, drop in event where the public is invited to meet with local authors from the a rea. This year's event will feature:

Kegedonce Press Ann Marie Rowland Tara Shannon

Barry J. Robinson

Donna Jansen

Willy Waterton & Audrey Armstrong from Owen Sound Field Naturalists

Lynne Porter

Refreshments will be provided, and books will be available to purchase.

Monday, October 20, 2025

Gentle Yoga

Date and Time: Monday, October 20 9:30 am - 10:15 am

Address: 30 Community Centre Drive, Sauble Beach

Gentle Yoga

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work, & practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

September/October Session

Mondays 9:30am to 10:15am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

- September 8, 15, 22, 29
- October 6, 20, 27 (no class October 13)

September/October Session Pass, 7 classes: \$91 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Baby and Me Fitness Class -Sauble Beach

Date and Time: Monday, October 20 10:00 am - 11:00 am

Address: 30 Community Centre Drive, Sauble Beach

Baby and Me Fitness Class -Sauble Beach

This baby-friendly fitness class allows moms to participate in fitness while keeping their babies nearby. The clas s offers total body conditioning, including cardio, core strength, and endurance exercises. Babies are invited but not necessary to attend. Wear comfortable clothes and be ready to move!

Instructor: Barb Abell, PTS

5 Week Session (October 20-November 17) Mondays at 10am

- October 20, 27
- November 3, 10, 17

Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

5 week session pass (October 20-November 17), 5 classes: \$65 Register Online

Single Class: \$15 Register Online

For more information or assistance please email or call 519-534-1400 ext 132

Please note: a minimum of 8 participants are required for this program to run

Baby and Me Fitness Class - Wiarton

Date and Time: Monday, October 20 11:30 am - 12:30 pm

Address: 526 Taylor Street, Wiarton, ON

Baby and Me Fitness Class - Wiarton

This baby-friendly fitness class allows moms to participate in fitness while keeping their babies nearby. The clas s offers total body conditioning, including cardio, core strength, and endurance exercises. Babies are invited but not necessary to attend. Wear comfortable clothes and be ready to move!

Instructor: Barb Abell, PTS

5 Week Session (October 20-November 17) Mondays at 11:30am

- October 20, 27
- November 3, 10, 17

Wiarton Arena 526 Taylor Street, Wiarton

5 week session pass (October 20-November 17), 5 classes: \$65 Register Online

Single Class: \$15 Register Online

For more information or assistance please email or call 519-534-1400 ext 132

Please note: a minimum of 8 participants are required for this program to run

Pickleball (Drop in)

Date and Time: Monday, October 20 7:00 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Drop In Pickleball at the Peninsula Shores District School

Monday evenings from 7pm to 9pm (September 22-June 15)

Please note: pickleball is cancelled on the following dates:
-October 13, December 22, 29, February 16, March 16, April 6, May 18

Peninsula Shores District School 115 George Street, Wiarton

\$3 drop in fee

4 courts available, pickleballs supplied. Bring your own pickleball paddle and clean indoor shoes.

For more information please email or call 519-534-1400 ext 132

Tuesday, October 21, 2025

Regular Council Meeting

Date and Time: Tuesday, October 21 9:00 am - 4:30 pm

Address: Municipal Council Chambers 315 George Street, Wiarton N0H2T0

Gentle Fit -Wiarton

Date and Time: Tuesday, October 21 9:30 am - 10:00 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit -Tuesdays September/October Session

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30 (Sept 16th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Tuesday, October 21 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble Beach September/October Session -Tuesdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Karate -Session 1

Date and Time: Tuesday, October 21 6:30 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Karate -Session 1

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics from experienced instructor s. Open to all ages 6+

Location: Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. Sign up for a single session or new for 2025 -sign up for all 3 sessions and save.

For assistance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 1: September 16 to December 16, 2025 (14 weeks)

Session 2: January 6 to March 10, 2025 (10 weeks)

Session 3: March 24 to June 9, 2025 (12 weeks)

Wednesday, October 22, 2025

Jamboree

Date and Time: Wednesday, October 22 2:00 pm

Address: 330 Boyd Street Wiarton

Every Wednesday afternoon a group of musicians gather at the Wiarton Legion to make music for your entertainment. Join us from 2 to 5 pm, for some dancing and comradeship while supporting Branch 208.

Recreational Volleyball

Date and Time: Wednesday, October 22 7:00 pm - 9:15 pm

Address: 115 George St, Wiarton ON N0H 2T0

Recreational Volleyball

Join us for an fun evening of volleyball with fellow community members! There is plenty of friendly competiti on and the encouraging environment invites the opportunity to improve volleyball skills through fun play.

New players are welcome to sign up at any time throughout the season. When you are just starting out, we'll do our best to place you with the same teammates until you get comfortable and familiar with everyone.

Teams are divided fairly 1-2 times per evening, with every team playing each other once.

- Sign up anytime throughout the season -no weekly commitment required.
- Participants under 16 must be accompanied by a parent or guardian.

Come out, have fun, and grow your love for volleyball with the community!

Wednesday evenings 7pm to 9:15pm

Peninsula Shores District School 115 George St, Wiarton

Starts September 17th

- September 17, 24
- October 1, 8, 15, 22, 29
- November 5, 12, 19, 26
- December 3, 10, 17 (no December 24, 31)
- January 7, 14, 21, 28
- February 4, 11, 18, 25
- March 4, 11, 25 (no March 18)
- April 1, 8, 15, 22, 29
- May 6, 13, 20, 27
- June 3, 10, 17

*please note: this program is cancelled if the school is closed due to weather.

Cost: \$35 per player

Pre-registration is required Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Thursday, October 23, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, October 23 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit Wiarton -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am

Wiarton Arena

526 Taylor St, Wiarton

September/October Session (September 11 to October 30)

- September 11, 18, 25 (September 18th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Thursday, October 23 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit Sauble -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 11 to October 30)

- September 11, 18, 25
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Friday, October 24, 2025

Chair Yoga

Date and Time: Friday, October 24 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

September/October Session

Fridays 9:30am to 10:15am Wiarton Arena 526 Taylor Street, Wiarton

- September 5, 12, 26 (no class September 19)
- October 3, 10, 17, 24, 31

September/October Session Pass, 8 classes: \$104 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Saturday, October 25, 2025

Plan Ahead, Live Well Workshop

Date and Time: Saturday, October 25 10:00 am - 12:00 pm

Address: 603 Berford St.

Discover how to future-proof your bathroom with smart aging-in-place solutions. Free seminar Oct 25, Wiarton.

Your home should support you through every stage of life.

Join us for a free seminar designed to help you plan ahead and create a bathroom that's safe, comfortable, and b eautiful - today and for years to come.

During this interactive session, you'll:

- Learn about stylish, practical solutions for aging in place
- Discover the latest products designed to enhance safety and independence
- Get expert tips on future-proofing your bathroom
- Have the chance to ask questions during our Q&A
- Explore the LakeHouse Bath+Kitchen showroom for real-life inspiration
- Take home a free workbook to help you discover what options are right for you
- Get a gift bag filled with some surprises valued at over \$100!

Bring your floor plans or photos! Our team will be available to discuss your unique needs and help you start planning with confidence.

Session Time

• 10:00 AM – 12:00 PM

Who Should Attend

- Homeowners aged 45–65+
- Couples and families planning to stay in their homes long-term
- Anyone interested in creating a safe, stylish bathroom that adapts to future needs

Spaces are limited - reserve your spot today to secure your seat!

Monday, October 27, 2025

Gentle Yoga

Date and Time: Monday, October 27 9:30 am - 10:15 am

Address: 30 Community Centre Drive, Sauble Beach

Gentle Yoga

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work, & practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

September/October Session

Mondays 9:30am to 10:15am Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

- September 8, 15, 22, 29
- October 6, 20, 27 (no class October 13)

September/October Session Pass, 7 classes: \$91 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Baby and Me Fitness Class - Sauble Beach

Date and Time: Monday, October 27 10:00 am - 11:00 am

Address: 30 Community Centre Drive, Sauble Beach

Baby and Me Fitness Class -Sauble Beach

This baby-friendly fitness class allows moms to participate in fitness while keeping their babies nearby. The clas s offers total body conditioning, including cardio, core strength, and endurance exercises. Babies are invited but not necessary to attend. Wear comfortable clothes and be ready to move!

Instructor: Barb Abell, PTS

5 Week Session (October 20-November 17)

Mondays at 10am

• October 20, 27

• November 3, 10, 17

Sauble Beach Community Centre 30 Community Centre Drive, Sauble Beach

5 week session pass (October 20-November 17), 5 classes: \$65 Register Online

Single Class: \$15 Register Online

For more information or assistance please email or call 519-534-1400 ext 132

Please note: a minimum of 8 participants are required for this program to run

Baby and Me Fitness Class - Wiarton

Date and Time: Monday, October 27 11:30 am - 12:30 pm

Address: 526 Taylor Street, Wiarton, ON

Baby and Me Fitness Class - Wiarton

This baby-friendly fitness class allows moms to participate in fitness while keeping their babies nearby. The class offers total body conditioning, including cardio, core strength, and endurance exercises. Babies are invited but not necessary to attend. Wear comfortable clothes and be ready to move!

Instructor: Barb Abell, PTS

5 Week Session (October 20-November 17)

Mondays at 11:30am

• October 20, 27

• November 3, 10, 17

Wiarton Arena 526 Taylor Street, Wiarton

5 week session pass (October 20-November 17), 5 classes: \$65 Register Online

Single Class: \$15 Register Online

For more information or assistance please email or call 519-534-1400 ext 132

Please note: a minimum of 8 participants are required for this program to run

Pickleball (Drop in)

Date and Time: Monday, October 27 7:00 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Drop In Pickleball at the Peninsula Shores District School

Monday evenings from 7pm to 9pm (September 22-June 15)

Please note: pickleball is cancelled on the following dates: -October 13, December 22, 29, February 16, March 16, April 6, May 18

Peninsula Shores District School 115 George Street, Wiarton

\$3 drop in fee

4 courts available, pickleballs supplied. Bring your own pickleball paddle and clean indoor shoes.

For more information please email or call 519-534-1400 ext 132

Tuesday, October 28, 2025

Gentle Fit -Wiarton

Date and Time: Tuesday, October 28 9:30 am - 10:00 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit - Tuesdays September/October Session

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 9:30am Wiarton Arena 526 Taylor Street, Wiarton

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30 (Sept 16th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Limpert Lodge

Date and Time: Tuesday, October 28 9:50 am - 10:30 am

Address: 621 Mary Street, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Tuesday, October 28 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble Beach September/October Session -Tuesdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Tuesday classes) or sign up for individual classes. Gentle Fit offers a total body awar eness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell, PTS

Tuesdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 9 to October 28)

- September 9, 16, 23, 30
- October 7, 14, 21, 28

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Allenford Community Centre

Date and Time: Tuesday, October 28 1:15 pm - 1:55 pm

Address: 10 Alice St, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Karate - Session 1

Date and Time: Tuesday, October 28 6:30 pm - 9:00 pm

Address: 115 George St, Wiarton ON N0H 2T0

Karate -Session 1

Learn punches, kicks, strikes, blocks, throws, joint locks and pressure-point tactics from experienced instructor s. Open to all ages 6+

Location: Gymnasium, Peninsula Shores District School, 115 George St, Wiarton

Instructors: Peter Zehr (6th degree black belt, Renshi) & Matt Mannerow (5th degree black belt, Shihan)

Register online by clicking the links below associated with the class of choice and follow the prompts. Sign up for a single session or new for 2025 -sign up for all 3 sessions and save.

For assistance email Recreation and Parks or call 519-534-1400 ext 132

Karate for Kids (ages 6-11)

Tuesdays 6:30pm to 7:15pm

Karate for Pre-Teens and Teens (ages 12-17)

Tuesdays 7:30pm to 8:30pm

Karate for Adults (ages 18+)

Tuesdays 7:30pm to 9pm

Session 1: September 16 to December 16, 2025 (14 weeks)

Session 2: January 6 to March 10, 2025 (10 weeks)

Session 3: March 24 to June 9, 2025 (12 weeks)

Wednesday, October 29, 2025

Jamboree

Date and Time: Wednesday, October 29 2:00 pm

Address: 330 Boyd Street Wiarton

Every Wednesday afternoon a group of musicians gather at the Wiarton Legion to make music for your entertainment. Join us from 2 to 5 pm, for some dancing and comradeship while supporting Branch 208.

Recreational Volleyball

Date and Time: Wednesday, October 29 7:00 pm - 9:15 pm

Address: 115 George St, Wiarton ON N0H 2T0

Recreational Volleyball

Join us for an fun evening of volleyball with fellow community members! There is plenty of friendly competiti on and the encouraging environment invites the opportunity to improve volleyball skills through fun play.

New players are welcome to sign up at any time throughout the season. When you are just starting out, we'll do our best to place you with the same teammates until you get comfortable and familiar with everyone.

Teams are divided fairly 1-2 times per evening, with every team playing each other once.

- Sign up anytime throughout the season -no weekly commitment required.
- Participants under 16 must be accompanied by a parent or guardian.

Come out, have fun, and grow your love for volleyball with the community!

Wednesday evenings 7pm to 9:15pm

Peninsula Shores District School 115 George St, Wiarton

Starts September 17th

- September 17, 24
- October 1, 8, 15, 22, 29
- November 5, 12, 19, 26
- December 3, 10, 17 (no December 24, 31)
- January 7, 14, 21, 28
- February 4, 11, 18, 25
- March 4, 11, 25 (no March 18)
- April 1, 8, 15, 22, 29
- May 6, 13, 20, 27
- June 3, 10, 17

*please note: this program is cancelled if the school is closed due to weather.

Cost: \$35 per player

Pre-registration is required Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Thursday, October 30, 2025

Gentle Fit -Wiarton

Date and Time: Thursday, October 30 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Gentle Fit Wiarton -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 9:30am

Wiarton Arena

526 Taylor St, Wiarton

September/October Session (September 11 to October 30)

- September 11, 18, 25 (September 18th class will be at the Ross Whicher Centre (Wiarton Library Building)
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

BCPL: Bookmobile- Gateway Haven

Date and Time: Thursday, October 30 9:50 am - 11:30 am

Address: 671 Frank St, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobil e is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming s pace and assisting patrons of all ages.

Gentle Fit -Sauble Beach

Date and Time: Thursday, October 30 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit Sauble -September/October Session Thursdays

Join instructor Barb Abell for this fun Gentle Fit class to keep moving and active, or use this as an opportunity to fall back into your fitness routine.

Commit to the session (8 Thursday classes) or sign up for individual classes. Gentle Fit offers a total body awa reness fitness experience. Focusing on balance, co-ordination and strength. Open to all fitness levels. Chair opti ons offered.

Instructor: Barb Abell

Thursdays at 11am
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

September/October Session (September 11 to October 30)

- September 11, 18, 25
- October 2, 9, 16, 23, 30

Pre-registration required

September/October Tuesday Session Pass \$104 (8 classes): Register Online

Single Class Pass \$15 per class: Register Online

For questions or assistance please email or call 519-534-1400 ext 132

Friday, October 31, 2025

Chair Yoga

Date and Time: Friday, October 31 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/stan ding stretches by the chair.

Instructor: Julie Bradley-Low, CYT

September/October Session

Fridays 9:30am to 10:15am Wiarton Arena 526 Taylor Street, Wiarton

- September 5, 12, 26 (no class September 19)
- October 3, 10, 17, 24, 31

September/October Session Pass, 8 classes: \$104 Register Online

Single Class: \$15 Register Online

For questions or assistance please email or call 519-534-1400 ext 132

https://calendar.southbrucepeninsula.com