

Tuesday, April 2, 2024

Regular Meeting of Council

Date and Time: Tuesday, April 2 9:00 am - 4:30 pm

Address: Municipal Council Chambers, 315 George Street Wiarton ON N0H2T0

Bookmobile: Limpert Lodge

Date and Time: Tuesday, April 2 9:50 am - 10:20 am

Address: 621 Mary Street, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Bookmobile: Oliphant Dog Park

Date and Time: Tuesday, April 2 11:20 am - 12:00 pm

Address: 1579 Sauble Falls Pkwy, Oliphant

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Bookmobile: Allenford Curling Club

Date and Time: Tuesday, April 2 1:15 pm - 1:55 pm

Address: 10 Alice Street, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Wiarion BIA

Date and Time: Tuesday, April 2 5:00 pm - 8:00 pm

Address: 315 George Street (Council Chambers)

Wednesday, April 3, 2024

Indoor Walking

Date and Time: Wednesday, April 3 9:00 am - 10:00 am

Address: 30 Community Centre Drive Sauble Beach

Indoor Walking Session at the Sauble Beach Community Centre

Start your day off right and get your steps in every Wednesday morning.

Cost: FREE

All ages welcome.

9am-10am at the Sauble Beach Community Centre, Auditorium.

October 18 2023-May 29 2024

No registration required, please wear clean indoor shoes.

Warton BIA

Date and Time: Wednesday, April 3 6:00 pm - 8:00 pm

Address: 315 George Street (Council Chambers)

Thursday, April 4, 2024

Bookmobile: Gateway Haven

Date and Time: Thursday, April 4 9:50 am - 11:30 am

Address: 671 Frank Street, Warton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Friday, April 5, 2024

Chair Yoga

Date and Time: Friday, April 5 9:30 am - 10:15 am

Address: 526 Taylor Street, Warton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/standing stretches by the chair.

Instructor: Julie Bradley-Low, CYT

Fridays 9:30am-10:15am, all ages

Spring Chair Yoga

- April 5- June 21 2024
- April 5, 12, 19, 26
- May 3, 10, 17, 24, 31
- June 7, 14, 21

Spring Season Pass \$156

Single Class Pass \$15

Registration Required www.southbrucepeninsula.com/recreation-programs

For questions or assistance call 519-534-1400 ext 132

Saturday, April 6, 2024

Warton Seedy Saturday

Date and Time: Saturday, April 6 10:00 am - 3:00 pm

Address: Warton Arena and Community Centre

We are back for the 3rd Annual Warton Seedy Saturday, the Peninsula's biggest seed exchange event!

April 6th, 2024 from 10am - 3pm

Seedy Saturday events (www.seeds.ca) encourage the use of open-pollinated and heritage seeds, enabling a local seed exchange, and educating the public about seed-saving and environmentally responsible gardening practices.

Expect a fun event where you can swap seeds, exchange stories, pick up useful resources, meet vendors, buy seeds, and find other supplies. Whether you are a first-timer or master gardener, seed enthusiast or expert seed saver, there really is something for everyone! Kids included.

Warton Willie will also make an appearance to help celebrate Spring!

This event is free with entry by donation held at the Warton Arena and Community Centre on April 6th, 2024 from 10am - 3pm.

Tea, coffee, and muffins will be available. For more information, contact wartonseedysaturday@gmail.com

Seedy Saturday

Date and Time: Saturday, April 6 10:00 am - 3:00 pm

Address: Wiarton Community Arena

Free Seed & Resource Exchange. Showcasing local seed producers, gradeners, growers, beekeepers & more. Admission free or donation.

Woodlot Management 101

Date and Time: Saturday, April 6 1:30 pm - 4:00 pm

Address: 206 Toronto St S, Markdale, ON

Whether your objectives are wildlife habitat, recreation, aesthetics or income, this course will engage participants in the basics of woodlot management. Bring your questions and ideas as we look for ways to maximize your forest's potential!

Presented by: Sophie Krolikowski of OMAFRA, and a rep from the Ontario Woodlot Association

Saturday April 6th, 2024, 1:30 - 4:00 pm at Grey Ag Services. \$20. Registration is required.

Monday, April 8, 2024

Gentle Yoga

Date and Time: Monday, April 8 9:30 am - 10:30 am

Address: 30 Community Centre Drive, Sauble Beach

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work, & practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

Sauble Beach Community Centre
Mondays 9:30am-10:15am, all ages

Spring Gentle Yoga

- April 8, 15, 22, 29
- May 6, 13, 27 (no class May 20 -Victoria Day)
- June 3, 10, 17, 24

Pre-registration required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass (11 classes) \$143
Single Class Passes \$15

Emergency Management Committee

Date and Time: Monday, April 8 9:30 am - 11:30 am

Address: Municipal Council Chambers, 315 George Street Wiarton ON N0H 2T0

Meeting of the Emergency Management Committee

Watercolour Painting -Creating Flower Greeting Cards

Date and Time: Monday, April 8 6:00 pm - 9:00 pm

Address: 526 Taylor Street, Wiarton, ON

Creating Flower Greeting Cards -New April Class Added

Join Michelle Minke for this fun 3 hour watercolour workshop where you will create a set of beautiful flower greeting cards. Michelle will guide and teach you the watercolour painting techniques as well as simple flower designs to make 10-12 of your own personalized greeting cards.

This class is beginner friendly, all materials and supplies are provided. You may to bring your own supplies and brushes if you prefer.

Instructor: Michelle Minke

Warton Arena

526 Taylor Street, Wiarton, ON

Monday April 8th, 2024 from 6pm to 9pm

Cost: \$40

Pre-registration is required

Wednesday, April 10, 2024

Indoor Walking

Date and Time: Wednesday, April 10 9:00 am - 10:00 am

Address: 30 Community Centre Drive Sauble Beach

Indoor Walking Session at the Sauble Beach Community Centre

Start your day off right and get your steps in every Wednesday morning.

Cost: FREE

All ages welcome.

9am-10am at the Sauble Beach Community Centre, Auditorium.

October 18 2023-May 29 2024

No registration required, please wear clean indoor shoes.

Thursday, April 11, 2024

Bowl for Kids' Sake

Date and Time: Thursday, April 11 6:30 pm - 8:00 pm

Address: 890 4th Ave E Owen Sound N4K 2N0

Big Brothers Big Sisters of Grey Bruce and Western Simcoe (BBBSGBWS) is excited to announce its upcoming 44th annual Bowl for Kids' Sake fundraiser, a fun-filled event aimed at raising funds for their no cost 1:1 and group mentoring programs. This year, the festivities will take place between April 4th and 13th in Owen Sound at The Bowling Alley and in Collingwood at Georgian Bowl.

Bowl for Kids' Sake brings together individuals, families, and businesses alike, offering a unique blend of fund raising, community engagement, and celebration! The event is integral to the agency and a true demonstration of community impact!

“This year, we expect the event will welcome over 300 community members willing to *change their shoes and change a life*. We once again thank Bruce Power, Century 21, Bayshore Broadcasting, and The Bowling Alley for making this event possible and for investing in our mission. Also, a heartfelt thanks to the many individuals who participate.”

Details:

*Online Silent Auction-April 1st-14th

Georgian Bowl, Collingwood

April 4, 5-6:30pm

April 5, 6:30-8pm

The Bowling Alley, Owen Sound

April 11, 6:30-8pm

April 12, 6:30-8pm

April 13, 10-11:30am

Canning 101

Date and Time: Thursday, April 11 7:00 pm - 9:00 pm

Address: 206 Toronto St S, Markdale, ON

Are you new to canning? Do you want to brush up on the science, evidence-based methods and techniques to preserve safe, wholesome and cost-effective foods for you and your family. Find out about reusable Tatler lids. Learn to use an atmospheric steam canner. Find out when you do and don't need to sterilize jars. Join us for an evening of learning and sharing. You “can” do it!

Presented by: Martha Rogers, Certified Master Food Preserver, The Valley Preservery

Thursday April 11th, 2024, 7:00 - 9:00 pm at Grey Ag Services, also livestreamed. \$20. Registration is required.

Cooking Class - Ribs and Wings

Date and Time: Thursday, April 11 7:00 pm - 9:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Carnivore Class

Ribs and Wings!! Join private chef Nicole Baker for this unique 2 hour workshop designed for all meat lovers!! Nicole will share techniques and tips to create meals focused around meat.

Menu: Ribs, Wings, Corn Bread and Charred Corn Salad with Avocado, Kale and Cilantro Greek Yogurt Dressing.

This is a make and take classes, containers are provided to take the meals you create home.

Instructor: Nicole Baker, RHN
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach
Tuesday April 11th, 2024
7pm to 9pm

Cost: \$75+HST
A minimum of 6 participants is required for this class to run

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Friday, April 12, 2024

Bowl for Kids' Sake

Date and Time: Friday, April 12 6:30 am - 8:00 am

Address: 890 4th Ave E Owen Sound N4K 2N0

Big Brothers Big Sisters of Grey Bruce and Western Simcoe (BBBSGBWS) is excited to announce its upcoming 44th annual Bowl for Kids' Sake fundraiser, a fun-filled event aimed at raising funds for their no cost 1:1 and group mentoring programs. This year, the festivities will take place between April 4th and 13th in Owen Sound at The Bowling Alley and in Collingwood at Georgian Bowl.

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Details:

[*Online Silent Auction-April 1st-14th](#)

Georgian Bowl, Collingwood

April 4, 5-6:30pm

April 5, 6:30-8pm

The Bowling Alley, Owen Sound

April 11, 6:30-8pm

April 12, 6:30-8pm

April 13, 10-11:30am

Chair Yoga

Date and Time: Friday, April 12 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/standing stretches by the chair.

Instructor: Julie Bradley-Low, CYT

Fridays 9:30am-10:15am, all ages

Spring Chair Yoga

- April 5- June 21 2024
- April 5, 12, 19, 26
- May 3, 10, 17, 24, 31
- June 7, 14, 21

Spring Season Pass \$156

Single Class Pass \$15

Registration Required www.southbrucepeninsula.com/recreation-programs

For questions or assistance call 519-534-1400 ext 132

Saturday, April 13, 2024

Bowl for Kids' Sake

Date and Time: Saturday, April 13 10:00 am - 11:30 am

Address: 890 4th Ave E Owen Sound N4K 2N0

Big Brothers Big Sisters of Grey Bruce and Western Simcoe (BBBSGBWS) is excited to announce its upcoming 44th annual Bowl for Kids' Sake fundraiser, a fun-filled event aimed at raising funds for their no cost 1:1 and group mentoring programs. This year, the festivities will take place between April 4th and 13th in Owen Sound

at The Bowling Alley and in Collingwood at Georgian Bowl.

Bowl for Kids' Sake brings together individuals, families, and businesses alike, offering a unique blend of fund raising, community engagement, and celebration! The event is integral to the agency and a true demonstration of community impact!

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Details:

*Online Silent Auction-April 1st-14th

Georgian Bowl, Collingwood

April 4, 5-6:30pm

April 5, 6:30-8pm

The Bowling Alley, Owen Sound

April 11, 6:30-8pm

April 12, 6:30-8pm

April 13, 10-11:30am

Your Old Barn Study: An Initiative by Ontario Barn Preservation (OBP)

Date and Time: Saturday, April 13 1:00 pm - 4:00 pm

Address: 206 Toronto St S, Markdale, ON

Save your old barn in the virtual world for future barn lovers, historians, researchers and as a legacy to your ancestors and those who built these beautiful structures. We'll show you how with a live case study of a Grey County barn built in the late 1800s.

Presentation & demonstration led by Hugh Fraser, President of OBP for 2023-2024.

Saturday April 13th, 2024, 1:00 - 4:00 pm at Grey Ag Services, also livestreamed. \$20. Registration is required.

Monday, April 15, 2024

Gentle Yoga

Date and Time: Monday, April 15 9:30 am - 10:30 am

Address: 30 Community Centre Drive, Sauble Beach

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work,

& practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

Sauble Beach Community Centre
Mondays 9:30am-10:15am, all ages

Spring Gentle Yoga

- April 8, 15, 22, 29
- May 6, 13, 27 (no class May 20 -Victoria Day)
- June 3, 10, 17, 24

Pre-registration required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass (11 classes) \$143
Single Class Passes \$15

Tuesday, April 16, 2024

Regular Meeting of Council

Date and Time: Tuesday, April 16 9:00 am - 4:30 pm

Address: Municipal Council Chambers, 315 George Street Warton ON N0H2T0

Gentle Fit -Warton

Date and Time: Tuesday, April 16 9:30 am - 10:30 am

Address: 526 Taylor Street, Warton, ON

Get moving this Spring! Join instructor Barb Abell for this fun, gentle fitness class designed for all fitness levels. This class offers total body awareness fitness focusing on balance, coordination, and strength. Open to all fitness levels -chair options offered.

Commit to the whole 11 week session or register for individual classes.

Instructor: Barb Abell

Tuesdays at 9:30am
Warton & District Community Centre and Arena
526 Taylor Street, Warton

Spring Session from April 16th to June 25th, 2024

- April 16, 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass \$143

Single Class Pass \$15

Bookmobile: Limpert Lodge

Date and Time: Tuesday, April 16 9:50 am - 10:20 am

Address: 621 Mary Street, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Cooking Class -Seafood

Date and Time: Tuesday, April 16 10:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Gentle Fit -Sauble Beach

Date and Time: Tuesday, April 16 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Get moving this spring! Join instructor Barb Abell for this fun, gentle fitness class designed for all fitness levels. This class offers total body awareness fitness focusing on balance, coordination, and strength. Open to all fitness levels -chair options offered.

Instructor: Barb Abell

Tuesdays at 11AM

Sauble Beach Community Centre

30 Community Centre Drive, Sauble Beach

Spring Session from April 16th to June 25, 2024

- April 16, 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass \$143 (11 classes)

Single Class Passes \$15 per class

For questions or assistance please [email](#) or call 519-534-1400 ext 132

Bookmobile: Oliphant Dog Park

Date and Time: Tuesday, April 16 11:20 am - 12:00 pm

Address: 1579 Sauble Falls Pkwy, Oliphant

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Bookmobile: Allenford Curling Club

Date and Time: Tuesday, April 16 1:15 pm - 1:55 pm

Address: 10 Alice Street, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Wednesday, April 17, 2024

Indoor Walking

Date and Time: Wednesday, April 17 9:00 am - 10:00 am

Address: 30 Community Centre Drive Sauble Beach

Indoor Walking Session at the Sauble Beach Community Centre

Start your day off right and get your steps in every Wednesday morning.

Cost: FREE

All ages welcome.

9am-10am at the Sauble Beach Community Centre, Auditorium.

October 18 2023-May 29 2024

No registration required, please wear clean indoor shoes.

Thursday, April 18, 2024

Bookmobile: Gateway Haven

Date and Time: Thursday, April 18 9:50 am - 11:30 am

Address: 671 Frank Street, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Peninsula Shores Camera Club

Date and Time: Thursday, April 18 7:00 pm

Address: 115 George Street

Peninsula Shores Camera Club

Meets the 3rd Thursday of every month until May 16 2024

First meeting: September 21 2023

www.peninsulashorescameraclub.com

Friday, April 19, 2024

Chair Yoga

Date and Time: Friday, April 19 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/standing stretches by the chair.

Instructor: Julie Bradley-Low, CYT

Fridays 9:30am-10:15am, all ages

Spring Chair Yoga

- April 5- June 21 2024
- April 5, 12, 19, 26
- May 3, 10, 17, 24, 31
- June 7, 14, 21

Spring Season Pass \$156

Single Class Pass \$15

Registration Required www.southbrucepeninsula.com/recreation-programs

For questions or assistance call 519-534-1400 ext 132

Saturday, April 20, 2024

The Propeller Club's 75th Anniversary Gala

Date and Time: Saturday, April 20 4:00 pm

Address: 575 Edward Street

Warton Propeller Club's 75th Anniversary Gala

April 20th 2024

4pm: Cocktail Reception

5pm: Roast Beef Dinner & All the Fixin's

6:30pm: Paul white Speaker BATTLING GEORGIAN BAY & Other Foes

8pm: Dance Midnight Blue with Special Guest Pete Myles

Tickets are \$50/person and available for purchases at Josie's Fashions, Lloyd's Smoke Shop Wiarton or Bayshore Feeds Owen Sound or Call/Text Jackie 226-923-2066 to make payment.

Monday, April 22, 2024

Gentle Yoga

Date and Time: Monday, April 22 9:30 am - 10:30 am

Address: 30 Community Centre Drive, Sauble Beach

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work, & practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

Sauble Beach Community Centre
Mondays 9:30am-10:15am, all ages

Spring Gentle Yoga

- April 8, 15, 22, 29
- May 6, 13, 27 (no class May 20 -Victoria Day)
- June 3, 10, 17, 24

Pre-registration required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass (11 classes) \$143
Single Class Passes \$15

Tuesday, April 23, 2024

Gentle Fit -Wiaraton

Date and Time: Tuesday, April 23 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Get moving this Spring! Join instructor Barb Abell for this fun, gentle fitness class designed for all fitness levels. This class offers total body awareness fitness focusing on balance, coordination, and strength. Open to all fitness levels -chair options offered.

Commit to the whole 11 week session or register for individual classes.

Instructor: Barb Abell

Tuesdays at 9:30am

Warton & District Community Centre and Arena

526 Taylor Street, Warton

Spring Session from April 16th to June 25th, 2024

- April 16, 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass \$143

Single Class Pass \$15

Gentle Fit -Sauble Beach

Date and Time: Tuesday, April 23 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Get moving this spring! Join instructor Barb Abell for this fun, gentle fitness class designed for all fitness levels. This class offers total body awareness fitness focusing on balance, coordination, and strength. Open to all fitness levels -chair options offered.

Instructor: Barb Abell

Tuesdays at 11AM

Sauble Beach Community Centre

30 Community Centre Drive, Sauble Beach

Spring Session from April 16th to June 25, 2024

- April 16, 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass \$143 (11 classes)

Single Class Passes \$15 per class

For questions or assistance please [email](#) or call 519-534-1400 ext 132

Youth Recreation -Ball Hockey

Date and Time: Tuesday, April 23 5:00 pm - 8:00 pm

Address: 526 Taylor Street, Warton, ON

Ball Hockey

Let's play ball hockey! This new youth recreational activity will provide kids the opportunity to get back

in the arena and have some fun playing ball hockey. Sessions will run in 1 hour timeslots based on age group from April 23rd to June 25th.

Please note: This is not a league and there will be no skills instruction offered.

Tuesday evenings
Wiarton Arena
526 Taylor Street, Wiarton

5pm to 6pm -open to kids aged 6-7 (parents must be in attendance and remain during the program)

6pm to 7pm -open to kids aged 8-9

7pm to 8pm -open to kids aged 10-12

Safety equipment required: Hockey helmet with cage, hockey gloves, stick

*A minimum of 8 participants are required for this program to run

Cost: \$50/child for 10 week session

- April 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Registration required www.southbrucepeninsula.com/recreation-programs

Wednesday, April 24, 2024

Indoor Walking

Date and Time: Wednesday, April 24 9:00 am - 10:00 am

Address: 30 Community Centre Drive Sauble Beach

Indoor Walking Session at the Sauble Beach Community Centre

Start your day off right and get your steps in every Wednesday morning.

Cost: FREE

All ages welcome.

9am-10am at the Sauble Beach Community Centre, Auditorium.

October 18 2023-May 29 2024

No registration required, please wear clean indoor shoes.

Committee of Adjustment

Date and Time: Wednesday, April 24 10:00 am - 12:00 pm

Address: Municipal Council Chambers, 315 George Street Wiarton ON N0H 2T0

Committee of Adjustment Meeting to Consider 3 Minor Variance Files

Sheep Nutrition Basics for Your Flock

Date and Time: Wednesday, April 24 7:00 pm - 9:00 pm

Address: 206 Toronto St S, Markdale, ON

Feeding sheep looks different on every farm: this course will give you tools to develop confidence in your feeding program.

Presented by: Courtney Vriens, Owner/Nutritionist of Vriens Nutrition Consulting

Wednesday April 24th, 2024, 7:00 - 9:00 pm at Grey Ag Services, also livestreamed. \$20. Registration is required.

Thursday, April 25, 2024

Cooking Class -Gluten Free

Date and Time: Thursday, April 25 10:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Are you or a family member gluten intolerant? Do you find you have a sensitivity to gluten? Join private chef Nicole Baker, RHN in this 2 hour cooking class with a focus on gluten-free meals. Nicole will show you how you can enjoy some of your favourites meals while being kind to digestive system!

This is a make and take class, containers are provided for you to take the meal you created home.

Instructor: Nicole Baker, RHN

Sauble Beach Community Centre

30 Community Centre Drive

Thursday April 25, 2024

10am to noon

Cost: \$75+HST

Registration required www.southbrucepeninsula.com/recreation-programs

Friday, April 26, 2024

Chair Yoga

Date and Time: Friday, April 26 9:30 am - 10:15 am

Address: 526 Taylor Street, Wiarton, ON

Chair Yoga

This class is focused on restoring and maintaining mobility of the joints, breath work, and practicing seated/standing stretches by the chair.

Instructor: Julie Bradley-Low, CYT

Fridays 9:30am-10:15am, all ages

Spring Chair Yoga

- April 5- June 21 2024
- April 5, 12, 19, 26
- May 3, 10, 17, 24, 31
- June 7, 14, 21

Spring Season Pass \$156

Single Class Pass \$15

Registration Required www.southbrucepeninsula.com/recreation-programs

For questions or assistance call 519-534-1400 ext 132

IPM 2026 Bruce County Volunteer Information Night

Date and Time: Friday, April 26 7:00 pm - 9:30 pm

Address: 526 Taylor Street

Bruce County's International Plowing Match 2026

Volunteer Information Night

Hosted by Wiarton & District Agricultural Society

April 26th 7pm-9:30pm.

Warton Arena

For questions please reach out 519-379-0821 or brucecountyipm@gmail.com

Saturday, April 27, 2024

Fun in the Kitchen: Easy Bread and Pastry Skills to Impress Your Family and Friends!

Date and Time: Saturday, April 27 8:45 am - 3:30 pm

Address: 206 Toronto St S, Markdale, ON

Nothing makes you feel better than preparing and presenting your own homemade baking! Visit or re-visit this often lost art and have fun!

Presented by: Connie Shaw, Baking Enthusiast

Saturday April 27th, 2024, 8:45 - 3:30 pm at the **Rocklyn Hall**. \$75. Registration is required.

Monday, April 29, 2024

Gentle Yoga

Date and Time: Monday, April 29 9:30 am - 10:30 am

Address: 30 Community Centre Drive, Sauble Beach

This class includes mostly slow repetitive movements on the mat to loosen up connective tissue, breath work, & practice restorative poses to gradually stretch the muscles for gaining optimal range of motion.

Instructor: Julie Bradley-Low, CYT

Sauble Beach Community Centre
Mondays 9:30am-10:15am, all ages

Spring Gentle Yoga

- April 8, 15, 22, 29
- May 6, 13, 27 (no class May 20 -Victoria Day)
- June 3, 10, 17, 24

Pre-registration required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass (11 classes) \$143

Single Class Passes \$15

Tuesday, April 30, 2024

Gentle Fit -Wiarton

Date and Time: Tuesday, April 30 9:30 am - 10:30 am

Address: 526 Taylor Street, Wiarton, ON

Get moving this Spring! Join instructor Barb Abell for this fun, gentle fitness class designed for all fitness levels. This class offers total body awareness fitness focusing on balance, coordination, and strength. Open to all fitness levels -chair options offered.

Commit to the whole 11 week session or register for individual classes.

Instructor: Barb Abell

Tuesdays at 9:30am
Wiarton & District Community Centre and Arena
526 Taylor Street, Wiarton

Spring Session from April 16th to June 25th, 2024

- April 16, 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass \$143

Bookmobile: Limpert Lodge

Date and Time: Tuesday, April 30 9:50 am - 10:20 am

Address: 621 Mary Street, Wiarton

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Cooking Class -Anti-inflammatory Meal Plans

Date and Time: Tuesday, April 30 10:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Anti-inflammatory Meal Plans

An anti-inflammatory diet is a healthful eating plan that may help to reduce chronic low levels of inflammation that otherwise might increase the risk of various chronic diseases.

In this class, Chef and RHN Nicole Baker will introduce you to foods that could improve health conditions, lead to a longer life, and even slow the aging process.

Menu:

Ginger and Turmeric Carrot Soup

Roasted Salmon with Broccoli, Kale and Avocado and Tahini Dressing

Blueberry and Cherry Chocolate Crumble

This is a make and take class, containers are provided for you to take the meal you created home.

Instructor: Nicole Baker, RHN

Sauble Beach Community Centre

30 Community Centre Drive, Sauble Beach

Tuesday April 30, 2024

10am to noon

Cost: \$75+HST

A minimum of 6 participants are required for this class to run.

Spaces Limited [-Register Online](#)

For questions or assistance please call 519-534-1400 ext 132

Gentle Fit -Sauble Beach

Date and Time: Tuesday, April 30 11:00 am - 12:00 pm

Address: 30 Community Centre Drive, Sauble Beach

Get moving this spring! Join instructor Barb Abell for this fun, gentle fitness class designed for all fitness level

s. This class offers total body awareness fitness focusing on balance, coordination, and strength. Open to all fitness levels -chair options offered.

Instructor: Barb Abell

Tuesdays at 11AM
Sauble Beach Community Centre
30 Community Centre Drive, Sauble Beach

Spring Session from April 16th to June 25, 2024

- April 16, 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Pre-registration is required www.southbrucepeninsula.com/recreation-programs

Spring Season Pass \$143 (11 classes)

Single Class Passes \$15 per class

For questions or assistance please [email](#) or call 519-534-1400 ext 132

Bookmobile: Oliphant Dog Park

Date and Time: Tuesday, April 30 11:20 am - 12:00 pm

Address: 1579 Sauble Falls Pkwy, Oliphant

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Bookmobile: Allenford Curling Club

Date and Time: Tuesday, April 30 1:15 pm - 1:55 pm

Address: 10 Alice Street, Allenford

Patrons can expect a collection of books, DVDs, and educational materials, including tech kits. The Bookmobile is also outfitted with a free Wi-Fi hub. The Bookmobile staff are dedicated to creating a safe and welcoming space and assisting patrons of all ages.

Youth Recreation -Ball Hockey

Date and Time: Tuesday, April 30 5:00 pm - 8:00 pm

Address: 526 Taylor Street, Wiarton, ON

Ball Hockey

Let's play ball hockey! This new youth recreational activity will provide kids the opportunity to get back in the arena and have some fun playing ball hockey. Sessions will run in 1 hour timeslots based on age group from April 23rd to June 25th.

Please note: This is not a league and there will be no skills instruction offered.

Tuesday evenings

Wiarion Arena

526 Taylor Street, Wiarion

5pm to 6pm -open to kids aged 6-7 (parents must be in attendance and remain during the program)

6pm to 7pm -open to kids aged 8-9

7pm to 8pm -open to kids aged 10-12

Safety equipment required: Hockey helmet with cage, hockey gloves, stick

*A minimum of 8 participants are required for this program to run

Cost: \$50/child for 10 week session

- April 23, 30
- May 7, 14, 21, 28
- June 4, 11, 18, 25

Registration required www.southbrucepeninsula.com/recreation-programs

<https://calendar.southbrucepeninsula.com>